

Subsistence allowance and other financial assistance

Individual and family care

Entitlement to assistance

If you live in Ljusdal Municipality and are unable to support yourself through work or otherwise, you may be entitled to a subsistence allowance.

This allowance is society's ultimate safety net, and you should therefore seek all other forms of payments you may be entitled to in the first instance. This can be payment from the Swedish Social Insurance Agency, for example, or unemployment benefit or funding for study (including study loan) from the central agency for study support (CSN).

The allowance should ensure you as the claimant have a reasonable standard of living.

You must be able to make your own contributions to your upkeep as far as possible

A person applying for a subsistence allowance or other assistance must normally be available for work and be willing to take the work offered, or carry out actions as instructed. This duty also applies to labour market-political measures, such as labour market training or occupational rehabilitation measures.

You must seek work in good time before completing your training or practice, or before taking up employment. You must register with the Employment Service on the first working day after your employment terminates, and draw up a plan.

If you are unable to make yourself available for work, you will need to confirm your incapacity for work by presenting a doctor's certificate.

Application

Applications for a subsistence allowance are reviewed every month. A new application form is submitted each month, along with additional documents showing income and expenses. The calculation takes account of the income and expenses you have during the month. An assessment is also made of what you have done in order to be entitled to a subsistence allowance.

When applying for financial assistance, you must be able to confirm the details of your finances, and all forms of income are taken into account in calculating your needs. This applies to all members of your household. If you are making a fresh application, your financial circumstances for the past three months are investigated. A surplus from one month can be carried over to the next month.

You are responsible yourself for planning and prioritising your finances.

Other types of assets must also be mentioned in the application, such as ownership of property, vehicles, funds, tax refunds, etc. If you have any assets that can easily be sold off and hence provide for your needs, you are not normally entitled to a subsistence allowance.

The subsistence allowance

There are two parts to the subsistence allowance: **the national norm** and **reasonable costs over and above the national norm**. The national norm must reflect a reasonable level of consumption for personal expenses and shared household costs, and cover expenses for:

Food	Clothes/shoes	Health/hygiene
Leisure/hobbies	Newspapers	Telephone
TV licence	Consumer goods	

Expenses that are not included in the national norm and can be applied for as reasonable costs, as required and upon presentation of an invoice:

Housing costs	Domestic electricity	Home insurance (basic insurance)
Work-related travel	Trade union fees	Childcare fees

Other financial assistance

Other financial assistance can also be applied for over and above the national norm. The municipality decides on assistance for the following:

Domestic equipment	Dental care	Funeral costs
Healthcare and medical care	Moving expenses	Glasses

If you are not satisfied with the decision regarding the subsistence allowance, you have the right to appeal.

We are obliged to report suspected benefit fraud to the police. You may be liable to pay back any benefits that have been paid incorrectly.

Staff has a duty of confidentiality. The information you provide is processed in accordance with the personal data law and applicable legislation on confidentiality.

If you wish to apply for financial assistance or have any questions about the subsistence allowance, you are welcome to contact us. Visit our customer services on level 3 of the Town Hall (Kommunhuset) or call the switchboard on 0651-180 00 and ask to speak with an officer from the Subsistence Allowance Unit. They can also give you information about telephone times.



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